



Introduction to Intervention information leaflets for the Treatment of Pain

The aim of this series of patient information leaflets is to provide information relating to commonly undertaken injections in pain medicine and to answer some questions that patients may have. In undertaking these leaflets, it is recognised that practice may vary significantly and throughout there are statements that refer the patient to the pain practitioner for more information.

In creating patient information leaflets for commonly undertaken injections, it is recognised by the FPM that the level of evidence for benefit varies considerably between procedures. It is emphasised that the FPM makes no statement about the level of evidence for any individual procedures. It recognises that pain doctors work with an often complex group of patients that can be very difficult to treat. The purpose is to allow patients to obtain the best information on those procedures that are undertaken by the practitioner. This is considered under some or all of the following headings:-

- What is the aim of this information sheet?
- What is a [...]injection?
- What will happen to me during the treatment?
- Is this the right treatment for me?
- I have heard that steroids are being used unlicensed/off-label, what does this mean?
- What will happen to me after the injections?
- What can I do after my procedure?
- When can I return to work after the procedure?
- Will I experience any side-effects?
- What can I expect in the days afterwards?
- What should I do in the weeks after the injections?
- What follow-up will be arranged?
- Is there anything else I need to consider before the procedure?